

CONESTOGA

MENU

Big C Cafe

Meal Prices

Paid Lunch
\$4.75 to \$6.00

Reduced Lunch: Free

Adult Lunch: \$6.25

Account Management

Sign-up at
www.SchoolCafe.com.

Don't forget to register for low balance alerts. Sign-up and notifications are free.

DAILY FOOD STATIONS

Grill

Cheeseburger
Chicken Patty
Cheeseburger
Veggie Burger
Baked French Fries

PIZZA

Cheese Pizza
plus one
Daily Specialty
Pie

Salad BAR

Build your Own Salad from
one of our salad bars,
prepped and prepared

Pre-made Deli
Sandwiches



DELI

Ham Turkey, Roast
Beef, Tuna &
Chicken Salad
Spicy Ham
Salami & Cheese

A choice of 8oz 1% White Milk, Non-fat White Milk or Non-fat Chocolate Milk included with all Meals
Fresh Fruit and 4oz 100% Apple, Orange and Grape Juice Baby Carrots w/dip, Apple Slices, Fresh Apples & Oranges Available Daily

Daily Feature Menu

Vegetables

Fruit

M	Chicken Parmesan with Penne Pasta	Celery & Carrot Stix	Chilled Diced Pears
T	General Tso Chicken with Fried Rice	Tossed Salad	Fruit Cocktail
W	Cheesesteak w/ Fried Onions & Peppers	Baked French Fries	Mixed Fruit Cup
Th	Chicken Tenders w/Dipping Sauce	Baked Beans	Chilled Peaches
F	Bosco Mozzarella Dippers with Marinara Sauce	Seasoned Green Beans	Applesauce

M	Popcorn Chicken w/Dinner Roll	Mashed Potatoes	Fresh Red Grapes
T	Penne Pasta with Chicken in a Blush Sauce	Tossed Salad	Chilled Diced Pears
W	Beef Chili & Beans w/Tortilla Chips	Steamed Corn	Mixed Fruit Cup
Th	French Bread Pizza (Plain or Pepperoni)	Baked Beans	Chilled Peaches
F	Grilled Cheese Sandwich	Tomato Soup	Applesauce

M	Hard Shell Beef Taco w/Cheddar Cheese, Green Pepper, Onions	Lettuce/Tomato	Chilled Peaches
T	Macaroni & Cheese	Tomato Soup	Mixed Fruit Cup
W	Meatball Sub on an Italian Roll	Tossed Salad	Chilled Diced Pears
Th	Pasta Primavera and Chicken	Baked Beans	Fruit Cocktail
F	Bosco Mozzarella Dippers with Marinara Sauce	Steamed Carrots	Applesauce

M	Orange Chicken & Fried Rice	Steamed Peas	Chilled Peaches
T	Spaghetti & Beef Meatsauce	Steamed Green Beans	Fruit Cocktail
W	Breaded Chicken Drumstick	Baked Beans	Chilled Diced Pears
Th	Chicken Burrito Bowl w/Black Beans, Rice, Onion, Pepper	Cucumber Slices w/Dip	Fresh Red Grapes
F	Grilled Cheese Sandwich	Tomato Soup	Applesauce

February

March

Apr

May

June

3	4	5	6	7	3	4	5	6	7	1	2	3	4	1	2	2	3	4	5	6			
10	11	12	13	14	10	11	12	13	14	7	8	9	10	11	5	6	7	8	9	9	10	11	12
17	18	19	20	21	17	18	19	20	21	14	15	16	17	18	12	13	14	15	16				
24	25	26	27	28	24	25	26	27	28	21	22	23	24	25	19	20	21	22	23				
					31					28	29	30			26	27	28	29	30				

Color Coded
Weekly
Calendar

No Lunch

